

# GRANITE FALLS

## SWIM AND ATHLETIC CLUB

### INDOOR POOL

### Member's Only Schedule

Lap Swim/Water Exercise: Ages 13 and up

Jan 3-Feb 9  
2022

**NO LIFEGUARD ON DUTY**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Lap Swim/ Water Exercise</b>	5:30A - 6:30A (7,8)	5:30A - 6:30A (7,8)	5:30A - 6:30A (7,8)	5:30A - 6:30A (7,8)	5:30A - 6:30A (7,8)	8:00A - 9:00A (7,8)	1:00P - 2:30P (4,5,6)
	6:30A-9:00A (4,6)	6:30A-3:00P (4,6)	6:30A-9:00A (4,6)	6:30A-3:00P (4,6)	6:30A-9:00A (4,6)	9:00A-1:00P (4,5)	2:30P-6:00P (1-6)
	9:00A - 12:45P (6)		9:00A - 12:45P (6)		9:00A - 12:45P (6)	1:00P - 7:00P (1-5)	
	12:45p-3:00P (4,6)		12:45p-3:00P (4,6)		12:45p-3:00P (4,6)		
	7:00P - 8:00P (7)	7:00P - 8:00P (6)	7:00P - 8:00P (7)	7:00P - 8:00P (6)	7:00P - 8:00P (7)		
8:00P - 9:00P (5-8)	8:00P - 9:00P (8)	8:00P - 9:00P (5-8)	8:00P - 9:00P (8)	8:00P - 9:00P (5-8)			
<b>Family Swim</b>	12:45P-2:45P <i>Lanes (7,8)</i>	11:45P-2:45P <i>Lanes (7,8)</i>	12:45P-2:45P <i>Lanes (7,8)</i>	11:45P-2:45P <i>Lanes (7,8)</i>	12:45P-2:45P <i>Lanes (7,8)</i>	1:00P - 7:00P <i>Lanes (6-8)</i>	1:30P-6:00P <i>Lanes (7,8)</i>
<b>Tot Swim</b>		10:45A - 11:45A <i>Lanes (7,8)</i>		10:45A - 11:45A <i>Lanes (7,8)</i>			
<b>Aquatics Director Info:</b>	<b>POOL CLOSURES</b>			<b>UPDATES</b>			
Amanda Mendieta <a href="mailto:amanda@granitefallsclub.com">amanda@granitefallsclub.com</a> (919) 562-8895 ext. 230	1/6/22 CLOSED after 11AM for 2 High School Swim Meets			<p><b>Hiring Swim Instructors for 2022 Swim School!!</b></p> <p><b>GFC will provide paid training for all qualified candidates!</b></p>			