

Lifeguarding Certification Class

Granite Falls is a Proud Provider of American Red Cross Aquatics Training



Friday, June 7th from 4pm-9pm
Saturday, June 8th from 10am-8pm
Sunday, June 9th from 10am-8pm



Class Price:

\$235 per participant. \$35 non-refundable deposit due at registration, \$200 due after pre-course assessment.

Interested in a great summer job or challenging career as a professional lifeguard? The lifeguard certification provides lifeguard participants 15 years of age or above with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services (EMS) personnel take over. Successful completion of the course results in a 2-year certification in lifeguarding, first aid, CPR & AED.

Participants must attend all of the scheduled class dates and times in order to complete the course and be certified as a lifeguard. If a participant misses any part of the course a refund will not be given and they will not be certified. Sign up at the front desk prior to the start of the class.

All participants must be prepared to swim on every day of the class and bring a suit (one piece is highly recommended) towel and lunch/snacks. Goggles may only be used for the 300 yard swim during the pre-course assessment. During the pre-course assessment participants must complete a 300 yard swim (100 freestyle, 100 breaststroke and 100 either freestyle or breaststroke), retrieve a 10 pound brick and swim for 20 yards, and tread water for 2 minutes.



Contact Blair Crosscup at for more information at 919-562-8895

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