

K - 5th Grade

DEC 3RD - MAR 1ST

9AM - 4:15PM

Come & Join Us!

WINTER TRACK OUT CAMP 2018 - 2019

15% OFF IF YOU REGISTER FOR 2 OR MORE SESSIONS OCT. 19-27

10% OFF IF YOU REGISTER FOR 1 SESSION BETWEEN OCT. 19-27

5% OFF WHEN YOU REGISTER OCT. 28-AT LEAST 1 MONTH BEFORE SESSIONS START DATE

20 Spots Available

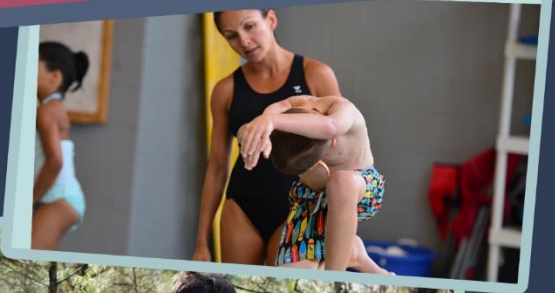
**Registration Opens:
October 19th**

- Exciting Weekly Themes
- Daily Swim Lessons
- Fitness Classes
- Arts and Crafts
- STEM
- Visits to Park
- Tons of fun and educational activities

online registration at:
www.granitefallsclub.com

CONTACT BRANDON FOR MORE INFO (919-562-8895)
brandon@granitefallsclub.com • [campsatgranitefalls](https://www.facebook.com/campsatgranitefalls)

800 Granite Falls Boulevard, Rolesville NC



GRANITE FALLS SWIM AND ATHLETIC CLUB WINTER TRACK OUT CAMP 2018-2019

The Granite Falls Swim and Athletic Club Track Out Camps are Full Day camps for kindergarten through 5th grade students that will be fitness focused. Each week campers will enjoy exciting weekly themes, daily swim lessons, fitness Classes, arts and crafts, STEM (Science, Technology, Engineering and Math) activities, visits to Main Street Park, along with tons of fun and educational activities.

Session 1: December 3-7

3 day option available

2 day option available

Session 2: December 10-14

Session 3: December 17-21

Session 4: December 26-28

3 day week discounted price

Session 5: January 2-4

3 day week discounted price

Session 6: January 7-11

Session 7: January 14-18

Session 8: January 21-25

Session 9: January 28-February 1

Session 10: February 4-8

Session 11: February 11-15

Session 12: February 18-22

Session 13: February 25-March 1

ONLINE REGISTRATION BEGINS:

Friday October 19, 2018.

- Register for 2 or more sessions October 19-26 and receive 15% off.
- Register for 1 session October 19-26 and receive 10% off.
- Register October 27-at least one month before the session start date to receive 5% off.

20 Spots Available

Winter Camp
Themes:

Time Travelers,
Grab your Passports,
Mission Impossible,
and Animation
Domination

Registration Opens:
October 19, 2018

Winter Track-Out
Camp Runs:
December 3 2018 –
March 1 2019

Monday – Friday
8:15 am – 4:15 pm



Call 562-8895 x233 or email
brandon@granitefallsclub.com
for more info

www.granitefallsclub.com

Frequently Asked Questions about Granite Falls Swim & Athletic Club Track Out Camps:

What time will track out camp start? When will it end? Track out camp will start at 8:15 and end at 4:00. All parents/guardians will need to check their kids in at the Front Desk then take them to the KidZone. All kids need to arrive no later than 9:00 (please let Brandon the Youth Programs Director know if your child will be arriving after 9 AM). They need to be picked up from the carpool line between 4:00 and 4:15 unless choosing the aftercare option. A camp issued carpool tag or driver's license is required at pick up.

What is after care? Parents who need a later pick-up time may choose our extended day option. This would allow them to pick-up their kids from the KidZone any time between 4:15 and 6:00pm. Members who participate in the draft may select this option at no additional charge, if you do not have the KidZone monthly draft or a KidZone package for the month you will be charged for a prorated package. Non-members may select this option for \$15.00 additional per session. A camp issued carpool tag, driver's license, or GFSAC membership card is required at pick up. Please pull to the end of the sidewalk for carpool pick up and let the front desk know you are picking up your camper(s) as you walk in.

Who are the counselors? Some of our current Youth Programs staff will be the counselors for the track out. All Youth Programs staff are First Aid/CPR certified and have had a background check prior to employment with GFSAC. We will also have the assistance of GFSAC swim instructors and group fitness instructors during camp activities.

Is there a limit to how many campers can sign-up? Due to space limitations and the need to share KidZone space, each session will be limited to 20 total children. Since the ages of the campers will be approximately 5 – 11, the counselor to camper ratio will be approximately 1 to 10.

What will my children do at camp each day? Every day of camp will include free play, a visit to Main Street Park, swim lessons, free swim, breaks for snacks and water, fitness activities, lunch, various enrichment activities, and more. For a daily schedule, please see Youth Programs Director, Brandon Metzger. We will pack in a lot of fun!

What should I pack? Campers need to bring a backpack (labeled with their name) with a swimsuit, cover up (if preferred), goggles (if needed), flip flops/pool shoes, towel, **snack (2 for those staying in After Care), lunch and water (NO NUT PRODUCTS ALLOWED)**. No toys, extra pool equipment, etc. are needed unless specifically requested through a weekly pre-camp email. Additional information will be given about each camp as needed.

Where will camp happen? Campers will use many areas of the Club inside and out as well as the Main Street Park facilities.

What is the early registration discount? Register for 2 or more sessions October 19-27 and receive 15% off. Register for 1 session October 19-27 and receive 10% off. A 5% discount will be applied for all sessions for which registration is completed October 28 – at least a month before the session start date. After Care fees do not qualify for discounts.

Is there an employee discount? Yes. Employees are eligible for their standard 10% discount. This cannot be combined with any other discounts.

Is there a Facebook page with up to date info and pictures? Yes! Camps at Granite Falls Swim and Athletic Club is on Facebook! Like us today and enjoy peeks into your child's camp day all year long.

Is there anything else I need to know? We are excited about Track Out Camp at GFSAC! We are dedicated to making it fun, educational, and safe for your children. We are working hard to get everything ready for our fall Track Out sessions. Brandon will email specifics about each week of track out camp to those registered the week before the session will begin. Feel free to contact him by email (brandon@granitefallsclub.com) at 919-562-8895 if he can assist in answering any questions. Thanks!





Track Out Fees and Payment Policies:

The Fees for each camp session are as follows:

Member Full – day: \$199.00

Non-Member Full – day: \$227.00

*****Sign up begins October 19, 2018*****

Payment is due in full at the time of registration. A 5% discount will be applied for all sessions for which registration is completed October 28 - at least one month before the session start date. A written notice of cancellation must be made 2 weeks before the start of each session to receive a refund. \$25 dollars of each registration fee is non-refundable. Program fees will not be refunded for missed days or non-attendance, and make-up days/sessions will be offered at the discretion of the Youth Programs Director and only if space is available.

Other Track Out Information:

Unless otherwise indicated, our track out sessions operate on the designated weeks Monday through Friday for a full day from 8:15 to 4:00 PM (carpool 4:00-4:15). Daily spaces may be available if all spots are not reserved. Call the Youth Programs Director the Friday before each week to inquire about availability of daily spaces. **NO DROP IN IS ALLOWED. ALL CAMPERS MUST BE PRE-REGISTERED.** A minimum of 6 children is required for each session.

An after care option is available, allowing pick-up as late as 6:00pm. This option is available at no additional charge to members who currently participate in the KidZone draft, and to non-members for an additional \$15.00 per child per session. A per day after care option is available to non-members as well at a cost of \$5 per day.

General Waivers/Permissions:

1. Participation - I permit my child to participate in all track out camp activities Granite Falls Swim and Athletic Club (hereafter referred to as GFSAC) conducts both within and outside the boundaries of GFSAC property.

2. Field Trips – I permit my child to leave GFSAC on authorized trips under the supervision of the GFSAC staff. I may review a written schedule of activities to be conducted off the GFSAC premises.

3. Photography – I give GFSAC and its employees and agents permission to use for any lawful purpose my and/or my child's likeness, image, voice and/or appearance as such may be embodied in any pictures, drawings, renderings, photographs, video recordings, audiotapes, digital images or the like, with the understanding that GFSAC will not publish my child's name.

- I agree that GFSAC has complete ownership of such pictures, etc., including but not limited to illustrations, bulletins, exhibitions, videotapes, reprints, reproductions, publications, advertisements and any promotional or educational materials in any medium now known or later developed, including but not limited to the internet, television, newspapers, magazines, social media sites (e.g., Instagram, Facebook, Twitter, Flickr, etc.), and/or GFSAC audio, print or internet publications.
- I also agree that GFSAC has permission to release such pictures, etc. to the news media. I acknowledge that I will not receive any compensation or remuneration for the use of such pictures, etc. I understand that once such pictures, etc. are published to the media or on the internet, or are otherwise published, they may be used in publications and/or on websites outside of GFSAC control.

4. Assumption of Risk – I understand that GFSAC youth programs activities have inherent risks, and I hereby assume all risks and hazards incident to my participation/my child's participation in all GFSAC activities. I further waive, release, absolve, indemnify and agree to hold harmless GFSAC and its employees, organizers, volunteers, supervisors, officers, directors, participants, coaches and referees, as well as all persons or parents transporting participants to and from activities, from any legal claims, liabilities, damages and costs for any physical injury or damage to my personal property sustained during my use of GFSAC property and/or my participation/my child's participation in any GFSAC activities.

5. Personal Property - I understand that GFSAC is not responsible for any personal items lost or stolen at our programs.

Medical Treatment Policies:

6. Accident Insurance – Participants are responsible for their own accident insurance when using GFSAC and when participating in GFSAC programs off-site.

7. Medication – GFSAC employees do not administer any medication. Do not send medications with your child. The one exception to this is epipen injections required for allergies. When special circumstances exist, personnel from GFSAC will be available to meet

with the parent(s) or guardian(s) of the child in question and strive to develop through dialogue a mutually acceptable alternative way to make sure the medication requirements of the child are met.

8. Blood Borne Pathogen Exposure – I understand that, while my child is in the care of GFSAC, if a child is exposed to a body fluid on broken skin or mucous membrane (e.g. splashing in mouth or eye) from another child, GFSAC will contact the parents of both children. They will explain what has occurred, and provide the name of the attending physician of the source child to parents of the exposed child. If a staff member has a blood or body fluid exposure from a child, GFSAC will provide the name and telephone number of the child's attending physician to the staff member.

- I have read and agree with the statement and specifically authorize GFSAC to release the name and telephone number of my child's physician and a description of the event to the parent or guardian of any child who is exposed to blood or body fluid or to any staff member who experiences such an exposure from my child.

9. Emergencies – In the event of an emergency in which the parent/guardian or listed emergency contacts cannot be reached, GFSAC will contact emergency medical personnel and, pending their arrival, take those actions that are in GFSAC's judgment to be in the best interests of the child.

Youth Programs Behavior Expectations and Discipline Policies:

It is important that our staff maintain good order and discipline in youth programs. In the programs we offer to children, we strive to create a positive atmosphere for learning and developing social skills. GFSAC staff will make every effort to help children understand clear definitions of acceptable and unacceptable behavior.

A child's behavior is expected to be consistent with the following:

1. Use appropriate language at all times.
2. Cooperate with staff and follow directions.
3. Respect other children and staff, equipment and facilities, and yourself.
4. Maintain a positive attitude.
5. Stay in program areas—running away is not acceptable.
6. Participate successfully within the GFSAC staff-child ratios specific for each program.

Discipline Policy

1. If a child is unable to comply with the behavior expectations, a conference will be held by the program director with the child. The parent(s)/guardian will be notified.
2. If after the above meeting the child is still unable to comply with the behavior expectations, the program director will set up a conference with the parent(s)/guardian. A behavior contract will be established and signed by the child (if appropriate), parent(s)/guardian and the program director.
3. If the child's behavior continues to be disruptive and/or unsafe, the child will be subject to suspension or dismissal.
4. Failure of the parent(s)/guardian to attend conference(s) and cooperate will subject the child to suspension or dismissal.

Behaviors which may result in immediate suspension or dismissal include, but are not limited to:

1. Any action that could threaten or pose a direct threat to the physical/emotional safety of the child, other children or staff. Prohibited conduct may include, but is not limited to, abusive jokes, insults, slurs, threats, name calling, bullying or intimidation.
2. Fighting
3. Possession of a weapon of any kind
4. Vandalism, destruction, or theft of GFSAC property or property of others
5. Sexual misconduct
6. Possession of or use of alcohol. Possession of or use of controlled substances unless under the prescription of a doctor
7. Running away
8. Biting

Parents or guardians are required to inform GFSAC in writing, prior to a child's acceptance in a GFSAC program, of any special circumstances which may affect the child's ability to participate fully and within the guidelines of acceptable behavior, including but not limited to any serious behavioral problems or special circumstances regarding psychological, medical or physical conditions.

Upon being informed of such circumstances, the Youth Programs Director may require a conference with the parent(s)/guardian to discuss issues created by these circumstances.