

GF4 Summer Camp JUNIOR COUNSELOR Program



Who: kids ages 12-15

What: full day weekly sessions 8:30 AM-4:30 PM for \$100 per session for members, \$120 for non members

When: weekly sessions May 26-August 21, registration begins March 2

Where: Granite Falls Swim & Athletic Club

800 Granite Falls Blvd. Rolesville, NC 27571

Why: to gain camp related experience under the guidance of veteran camp counselors

More info: www.granitefallsclub.com 919-562-8895

susan@granitefallsclub.com



GF4 SUMMER CAMP JUNIOR COUNSELOR PROGRAM

In the Junior Camp Counselor program, teens aged 12-15 (and possibly 11 3/4) years old have the opportunity to gain camp related experience under the guidance of veteran Camp Counselors. They will interact with campers, help with activities and serve as leaders in camp spirit and motivation. As the Camp Counselors' right-hand-person, they assist the Counselors in the day to day operations of the camp program. Most importantly, Junior Camp Counselors must serve as a role model for the campers. The Junior Camp Counselor program will enable teens to give of their time in a service oriented capacity while gaining resume worthy experience in our day camp setting.

Frequently Asked Questions about the GF⁴ Summer Camp Junior Counselor Program:

What are the work hours for Junior Counselors? Junior Counselors are expected to arrive at camp by 8:30 each day and stay until 4:30. Our half-day camp runs from 9am to 1pm. The full-day camp will have the same start time, but run until 4:00pm.

How many Junior Counselors will there be per camp session? At most there will be 3 Junior Counselors per session/week. This will allow one Junior Counselor per huddle (green, red, and blue).

What is the cost for the opportunity to be in the GF⁴ Summer Camp Junior Counselor Program? The cost per session/week is \$100 for members and \$120 for non members, to be paid after acceptance into the program.

Does completing a registration packet guarantee a spot in the Junior Counselor program? No, all potential Junior Counselor participants will undergo an interview with the Youth Programs Director before being selected to participate in the program.

Will the Junior Counselors be able to register for more than one week? Yes, due to the learning curve required preference will be given to those who register for a minimum of 2 sessions.

Will the Junior Counselors receive training prior to the start of camp? Yes, all participants and parents will meet with the Youth Programs Director and Head Counselor prior to the start of the GF⁴ Summer Camp program. Information regarding expectations of the Junior Counselors will be discussed at this meeting.

Who is the staff the Junior Counselors will be working with? We will have some Counselors returning from last year, but may be hiring additional Counselors over the course of the spring as well as using Counselors from our track out camp program. Our staff will be carefully selected and specially trained in preparation for camp. All Camp Counselors are/will be First Aid/CPR certified and have had a background check prior to employment with GFSAC. We will also have the assistance of GFSAC lifeguards, swim instructors, and group fitness instructors during camp activities.

In conjunction with the Camp Counselors, how many kids will each Junior Counselor be assisting? Each full day session of camp will be limited to 25 total children and each half day sessions will be limited to 15 total children. The Counselor to camper ratio will be approximately 1 to 6 so each huddle will have approximately 13-15 kids in it during a full camp session. Each huddle will have up to 2 Counselors and a Junior Counselor. The Head Counselor and Youth Programs Director will also be assisting the campers.

What will Junior Counselors do at camp each day? The Junior Counselors will be involved in assisting the Counselors with the implementation of daily camper activities, including being the full lead on their own weekly themed activity, craft, or game each junior counselor will have come up with before their camp session(s). For the campers, each day of camp will include a brief morning meeting, swim time, swim lessons, breaks for snacks and water, fitness activities that tie in with the week's theme, lunch, and more. Junior Counselors will also attend daily CPR/First Aid/AED training in order to get their certification by the end of the camp week.

What should Junior Counselors pack? Junior Counselors will need to bring a backpack (labeled with their name) with a swimsuit, cover up, goggles (if needed), flip flops/pool shoes, towel, sunscreen and bug spray if desired, **two snacks, lunch and water**.

Where will camp happen? Campers will use many areas of the Club inside and out as well as the Main Street Park facilities.

Is there an employee discount? Yes. Employees are eligible for their standard 10% discount. This cannot be combined with any other discounts.

Is there anything else I need to know? We are excited about Summer Camp at GFSAC and our second year of the GF4 Summer Camp Junior Counselor program! At the end of your child's last camp session the Youth Programs Director, along with the Head Counselor, will complete a Junior Camp Counselor evaluation of your child. In addition, a reference letter will be provided for your child for future opportunities if he/she requests it.

Several of our 2014 Junior Counselors have been able to return to camp as volunteer junior counselors during their year round school track out sessions during the fall, winter, and spring. We anticipate doing the same thing during the 2015-2016 school year.

We are dedicated to making this experience fun, educational, and safe for your children and are already hard at work to get everything ready for our summer kick off with our first camp session May 26th. Susan will email specifics about each week of summer camp, including what huddle your teen is assigned to and the schedule of activities for the week, to those registered the week before the session will begin. Feel free to contact me by email (susan@granitefallsclub.com) or at 919-562-8895 if I can assist in answering any questions. Thanks!

GF⁴ Summer Camp

Granite Falls Fitness Fun & Friends Summer Camp

-2015 Sessions-

GF4 is short for Granite Falls Fitness, Fun and Friends, and just like the name suggests, our half-day and full-day summer camp sessions will be fitness focused. Each week campers will enjoy fitness activities, special KidFit classes, and education with friends – all centered around a fun theme. Every day will include swim lessons and recreational swim time as well! **GF4** half-day and full-day summer camps are for members and non-members ages 4 – 11. However, four year olds may **only** attend the half-day camps.

Session 1: May 26-29

(*4 day week*)

Super Campers

Grab your mask and cape! It's time for your camper to discover and develop their super powers and recognize the heroes in their everyday lives.

Session 2: June 1-2, June 3-5, or June 1-5

Ready! Set! Go!

The common thread for this week's activities is RACING! Campers will race their way through a week of fun activities and challenges. From water themed to land themed and even some food themed races, your camper will be ready and set to go have fun all day long.

Session 3: June 8-12

Creature Features

The world is full of so many creatures, both actual and in our mind. From the small to the big, the real to the imaginary, we'll explore so many kinds.

Session 4: June 15-19

Fantastic Friends...ogres are like onions

Camp friends often become best friends! This week of camp we will explore all that is great about being a friend. We'll unpeel the layers of friendship with getting to know you and trust building activities, classic camp friendship crafts, and group games that rely on friendships.

Session 5: June 22-26

Inside Outside Downside Up

Summer is in full swing now so it's time to flip things all around! Hot will become cold, soft will become loud, up will become down, and splish will become splash. Campers are in for a week of unexpected twists, turns, and adventure as their days get turned all around!

Session 6: June 29-July 3

Peanuts and Crackerjacks

Peanuts and crackerjacks at baseball games is as American as it gets. As we get ready to celebrate Independence Day, campers will explore many of the iconic parts of America as well as some of its greatest traditions. (No actual nut products will be used.)

Session 7: July 6-10

Totally Talented

GF4 Summer Camp's got talent! Join us this week as we showcase our known and, sometimes, hidden talents. We'll explore a variety of talents this week from the artistic to athletic, social to intellectual, and everything in between. Campers will get to show off their talents with an end of the week talent show!

Session 8: July 13-17

Mad Scientist

Interested in finding out more about how things work or getting your hands a little messy? Unleash your inner mad scientist and join us as we look closely at the world around us and dive into scientific explorations.

Session 9: July 20-24

Nature Nuts

During this week, we will focus on BEING OUTSIDE! Campers will have a blast enjoying and exploring the great outdoors with us. They will learn some fun new ways to get fit while gaining an appreciation for nature.

Session 10: July 27-31

Lights! Camera! Action!

So many favorite movies to choose from and so little time! Each day we will celebrate a different beloved kid friendly movie with activities tied to each one. We'll also see what kind of movie making skills our campers have as we get them to create a movie of their own.

Session 11: August 3-7

Hakuna Matata

Summer time is the best time to have no worries! Our goal this week is to relax, soak in the warmth, and try to adopt the chill attitude of surfers everywhere.

Session 12: August 10-14

Splash and Laugh

Splishin' and splashin' all while laughin'! We will enjoy all that the pools of Granite Falls have to offer. Campers will have no problem staying cool this session as activities focus on laughter, fun and fitness *in* and *with* water!

Session 13: August 17-21

Last Blast

We're spending this last week of camp revisiting all of our favorite activities and games as we put the entire summer on rewind and go out with a bang!

GRANITE FALLS SWIM AND ATHLETIC CLUB

GF⁴ Summer Camp

2015 Registration Form

Granite Falls Fitness Fun & Friends Summer Camp **JUNIOR COUNSELOR**

Child Information:

My child is a: Club Member Non-member How did you hear about our program? _____

Name (first/middle/last): _____ Preferred Name: _____ DOB: _____

Address: _____ City: _____ Zip: _____

Male Age (at time of registration): _____ Grade in School (as of August 2014): _____
 Female Swimming Ability: _____

Allergies: _____

Special Needs/Requests: _____

Previous childcare experience: _____

Family Information:

Mother's name: _____ Employer: _____

Home Address: _____ City: _____ Zip: _____

Home Phone: _____ Work Phone: _____ Ext. _____ Mobile Phone: _____

Father's name: _____ Employer: _____

Home Address: _____ City: _____ Zip: _____

Home Phone: _____ Work Phone: _____ Ext. _____ Mobile Phone: _____

Preferred E-mail Address for Communications regarding Youth Programs: _____

Emergency Information:

In the case of emergency, please contact the following first:

- Mother
 Father
 Other: _____

Child's doctor: _____ Doctor's phone: _____

Insurance Company: _____ Policy #: _____

Emergency Contacts (if mother, father or designated contact cannot be reached):

Individuals can act as an emergency contact and are allowed to pick up your child until a written request is made to remove any names listed.

1. Name: _____ Relationship to child: _____

Home #: _____ Work #: _____ ext. _____ Mobile #: _____

2. Name: _____ Relationship to child: _____

Home #: _____ Work #: _____ ext. _____ Mobile #: _____

The junior camp counselor fees for each camp session are \$100 per week for members and \$120 per week for non members.

Payment is due at the time of acceptance into program. A written notice of cancellation must be made 2 weeks before the start of each session to receive a refund. \$25 dollars of each registration fee is non-refundable. Program fees will not be refunded for missed days or non-attendance, and make-up days/sessions will not be offered.

Other Camp Information:

Our camp sessions operate on the designated weeks Monday through Friday, unless noted. Junior counselors are expected to work from 8:30-4:30. Only 3 junior counselors per session will be allowed. This will allow one junior counselor per huddle.

Please indicate your camp selections below:

- ___ Session 1: Super Campers May 26-29
- ___ Session 2: Ready! Set! Go! June 1-5
- ___ Session 3: Creature Features June 8-12
- ___ Session 4: Fantastic Friends...
ogres are like onions June 15-19
- ___ Session 5: Inside Outside Downside Up June 22-26
- ___ Session 6: Peanuts and Crackerjacks June 29-July 3
- ___ Session 7: Totally Talented July 6-10
- ___ Session 8: Mad Scientist July 13-17
- ___ Session 9: Nature Nuts July 20-24
- ___ Session 10: Lights! Camera! Action! July 27-31
- ___ Session 11: Hakuna Matata August 3-7
- ___ Session 12: Splash and Laugh August 10-14
- ___ Session 13: Last Blast August 17-21

I hereby request that my child be registered for the above indicated camp sessions. I understand and agree to the junior camp counselor program fees and payment policies set forth above.

Signature: _____

Date: _____

Printed Name: _____

Relationship to Child: _____



Please read each of the following policies and sign below to indicate your understanding of these policies.

General Waivers/Permissions:

- 1. Participation** - I permit my child to participate in all summer camp activities Granite Falls Swim and Athletic Club (hereafter referred to as GFSAC) conducts both within and outside the boundaries of GFSAC property.
- 2. Field Trips** – I permit my child to leave GFSAC on authorized trips under the supervision of the GFSAC staff. I may review a written schedule of activities to be conducted off the GFSAC premises.
- 3. Photography** – I give GFSAC and its employees and agents permission to use for any lawful purpose my and/or my child’s likeness, image, voice and/or appearance as such may be embodied in any pictures, drawings, renderings, photographs, video recordings, audiotapes, digital images or the like, with the understanding that GFSAC will not publish my child’s name.
 - I agree that GFSAC has complete ownership of such pictures, etc., including but not limited to illustrations, bulletins, exhibitions, videotapes, reprints, reproductions, publications, advertisements and any promotional or educational materials in any medium now known or later developed, including but not limited to the internet, television, newspapers, magazines, social media sites (e.g., MySpace, Facebook, Twitter, Flickr, etc.), and/or GFSAC audio, print or internet publications.
 - I also agree that GFSAC has permission to release such pictures, etc. to the news media. I acknowledge that I will not receive any compensation or remuneration for the use of such pictures, etc. I understand that once such pictures, etc. are published to the media or on the internet, or are otherwise published, they may be used in publications and/or on websites outside of GFSAC control.
- 4. Assumption of Risk** – I understand that GFSAC youth programs activities have inherent risks, and I hereby assume all risks and hazards incident to my participation/my child’s participation in all GFSAC activities. I further waive, release, absolve, indemnify and agree to hold harmless GFSAC and its employees, organizers, volunteers, supervisors, officers, directors, participants, coaches and referees, as well as all persons or parents transporting participants to and from activities, from any legal claims, liabilities, damages and costs for any physical injury or damage to my personal property sustained during my use of GFSAC property and/or my participation/my child’s participation in any GFSAC activities.
- 5. Personal Property** - I understand that GFSAC is not responsible for any personal items lost, stolen, or damaged at our programs.

Medical Treatment Policies:

- 6. Accident Insurance** – Participants are responsible for their own accident insurance when using GFSAC and when participating in GFSAC programs off-site.
- 7. Medication** – GFSAC employees do not administer any medication. Do not send medications with your child. The one exception to this is epipen injections required for allergies. When special circumstances exist, personnel from GFSAC will be available to meet with the parent(s) or guardian(s) of the child in question and strive to develop through dialogue a mutually acceptable alternative way to make sure the medication requirements of the child are met.
- 8. Blood Borne Pathogen Exposure** – I understand that, while my child is in the care of GFSAC, if a child is exposed to a body fluid on broken skin or mucous membrane (e.g. splashing in mouth or eye) from another child, GFSAC will contact the parents of both children. They will explain what has occurred, and provide the name of the attending physician of the source child to parents of the exposed child. If a staff member has a blood or body fluid exposure from a child, GFSAC will provide the name and telephone number of the child’s attending physician to the staff member.
 - I have read and agree with the statement and specifically authorize GFSAC to release the name and telephone number of my child’s physician and a description of the event to the parent or guardian of any child who is exposed to blood or body fluid or to any staff member who experiences such an exposure from my child.
- 9. Emergencies** – In the event of an emergency in which the parent/guardian or listed emergency contacts cannot be reached, GFSAC will contact emergency medical personnel and, pending their arrival, take those actions that are in GFSAC’s judgment to be in the best interests of the child.

I have read and understand all the policies stated above.

Signature: _____

Date: _____

Printed Name: _____

Relationship to Child: _____

Youth Programs Behavior Expectations and Discipline Policies:

It is important that our staff maintain good order and discipline in youth programs. In the programs we offer to children, we strive to create a positive atmosphere for learning and developing social skills. GFSAC staff will make every effort to help children understand clear definitions of acceptable and unacceptable behavior.

A child's behavior is expected to be consistent with the following:

1. Use appropriate language at all times.
2. Cooperate with staff and follow directions.
3. Respect other children and staff, equipment and facilities, and yourself.
4. Maintain a positive attitude.
5. Stay in program areas—running away is not acceptable.
6. Participate successfully within the GFSAC staff-child ratios specific for each program.

Discipline Policy

1. If a child is unable to comply with the behavior expectations, a conference will be held by the program director with the child. The parent(s)/guardian will be notified.
2. If after the above meeting the child is still unable to comply with the behavior expectations, the program director will set up a conference with the parent(s)/guardian. A behavior contract will be established and signed by the child (if appropriate), parent(s)/guardian and the program director.
3. If the child's behavior continues to be disruptive and/or unsafe, the child will be subject to suspension or dismissal.
4. Failure of the parent(s)/guardian to attend conference(s) and cooperate will subject the child to suspension or dismissal.

Behaviors which may result in immediate suspension or dismissal include, but are not limited to:

1. Any action that could threaten or pose a direct threat to the physical/emotional safety of the child, other children or staff. Prohibited conduct may include, but is not limited to, abusive jokes, insults, slurs, threats, name calling, bullying or intimidation.
2. Fighting
3. Possession of a weapon of any kind
4. Vandalism, destruction, or theft of GFSAC property or property of others
5. Sexual misconduct
6. Possession of or use of alcohol. Possession of or use of controlled substances unless under the prescription of a doctor
7. Running away
8. Biting

Parents or guardians are required to inform GFSAC in writing, prior to a child's acceptance in a GFSAC program, of any special circumstances which may affect the child's ability to participate fully and within the guidelines of acceptable behavior, including but not limited to any serious behavioral problems or special circumstances regarding psychological, medical or physical conditions.

Upon being informed of such circumstances, the Youth Programs Director may require a conference with the parent(s)/guardian to discuss issues created by these circumstances.

I have read, understand and agree with the policies as stated in this document and have discussed the expectations of behavior with my child. I understand that GFSAC has the authority to revoke my child's right to participate in GFSAC programs for behavior which is not in keeping with the expectations of appropriate behavior for youth program participants or for failing to follow the Rules and Regulations of GFSAC. My signature below indicates that I agree to adhere to all Policies, Procedures, Rules and Regulations of GFSAC.

Signature: _____

Date: _____

Printed Name: _____

Relationship to Child: _____